



**Bal Bharati**  
PUBLIC SCHOOL

(An Institution of the Child Education Society(Regd.), NewDelhi)  
NTPC Darlipali

**SYLLABUS**

**APRIL TO MARCH (SESSION 2023-24)**

**Class – I**

**SUBJECT - ENGLISH**

**MY CANVAS – Main Course Book (MCB)**

**CORNERSTONE - Grammar and Composition Skills – Work Book (WB)**

**APRIL & MAY**

- MCB Chapter 1 – First Day of School.  
Chapter 2 – Meena Makes Friend.  
Chapter 3- (poem) Mary Had a Little Mouse.
- Grammar Chapter 1, 2, 3,4, 5

**JUNE & JULY**

- MCB Chapter– 4 (The Story of a Cloud) (ACTIVITY&  
GRAMMAR)  
Chapter – 5 (Cats Sleep Anywhere)
- Grammar Chapter 6,7,8, 9

**AUGUST**

- MCB Chapter-11 The Ugly Duckling (Activity & Grammar)  
Chapter – 7 (Holi Splash)  
Chapter – 8 (Two kites)
- Grammar Chapter – 10, 11

## **SEPTEMBER**

- Grammar Chapter – 12, 13

## **OCTOBER**

- MCB Chapter – 9 (The Missing Ring),  
Chapter – 10 (Parrots in my garden)

- Grammar Chapter -14, 15

## **NOVEMBER**

- MCB Chapter – 6 (I Want a Garden)  
Chapter-12(All about Dolphins) (Activity & Grammar)

- Grammar Chapter 16,17, 18

## **DECEMBER**

- MCB Chapter- 13 (Blue and Yellow Mixing  
(Activity & Grammar)
- Grammar Chapter 19,20, 21

## **JANUARY**

- MCB Chapter–15(Samaria’s Awful Lunch)  
Chapter – 14 (The little Engine that could)
- Grammar Chapter-22

## **FEBRUARY**

Revision

**Subject: Hindi(हिंदी)**

हिंदी पाठमाला नई आशाएं पाठ -

हिंदी व्याकरण 1 - हिंदी व्याकरण -

अपैल मई -

अपैल मई -

पाठ 1- उपवन चल

पाठ 2 बाजार

व्याकरण वर्णमाला , चित्र कथा , चित्र वर्णन -

**जून जुलाई -**

पाठ 3- तितली बच गई

पाठ 4- चुहिया

व्याकरण ई की मात्रा वाले शब्द , इ , आ -

**अगस्त**

पाठ 5- जादू का जूता

पाठ 6- बरसात की ऋतु

व्याकरण हमारी भाषा-

वर्णमाला

**सितम्बर**

पाठ -7 परेश और बेला

पाठ - 8 पैसा का थैला

व्याकरण , भाषा के प्रकार बताए -

सभी स्वर तथा उनकी मात्रा

**अक्टूबर**

पाठ -9 सोनू का सपना

पाठ -10 औना और पोना

व्याकरण ऐ से सम्बंधित शब्द, ए -

**नवम्बर**

पाठ -11 पढ़ो और सीखो

पाठ -12 मोती का कंगन

व्याकरण स , पुरुष , अनेक -एक -त्री

**दिसम्बर**

पाठ -13 माँ की अंगूठी

व्याकरण उलटे अर्थ वाले शब्द -

## जनवरी

पाठ -14 चिड़ियों का मेला

व्याकरण नाम वाले शब्द

## फरवरी

पाठ -15 चुनमुन और सिलबिल

व्याकरण पत्र लेखन –

## मार्च

पुनरावृत्ति कार्य

### Subject:Odia(ଓଡ଼ିଆ)

ଆମ ପିଲାଙ୍କ ଭାଷା ସାହିତ୍ୟ ଓ ବ୍ୟାକରଣ (ଭାଗ -0)

## APRIL -MAY

ବର୍ଷମାଳା (ସ୍ମରଣପତ୍ର ପରିଚୟ, ବ୍ୟଞ୍ଜନବର୍ଣ୍ଣ ପରିଚୟ)

(ପୃଷ୍ଠା -୧୧ -୧୯)

## JUNE – JULY

ପାଠ - ୧

ପାଠ - ୨ ( ପୃଷ୍ଠା -୪୦ )

## AUGUST

ପାଠ -୩ (ପୃଷ୍ଠା – ୩୩ )

ପାଠ -୪ ( ପୃଷ୍ଠା – ୩୮, ୪୪ )

## SEPTEMBER

ପାଠ – ୧୨ ‘ଆ’ କାର ବନାନ ପାଠ

ପାଠ -୧୩ ‘ଇ’ କାର ବନାନ ପାଠ

## OCTOBER

ପାଠ -୧୪ ‘ଈ’ କାର ବନାନ ପାଠ

ପାଠ -୧୫ ‘ଉ’ କାର ବନାନ ପାଠ

## NOVEMBER

ପାଠ - ୧୬ ‘ଉ’ କାର ବନାନ ପାଠ

ପାଠ - ୧୭ ‘ଋ’ କାର ବନାନ ପାଠ

## DECEMBER

ପାଠ - ୧୮ ‘ଏ’ କାର ବନାନ ପାଠ

ପାଠ - ୧୯ ‘ ’ କାର ବନାନ ପାଠ

## JANUARY

ପାଠ - ୨୦ ‘ଓ’ କାର ବନାନ ପାଠ

ପାଠ - ୨୧ ‘ଐ’ କାର ବନାନ ପାଠ

## FEBRUARY

ପାଠ - ୨୨ ଆସ ଗୀତ ଗାଇବା (ପଦ୍ୟ)୨

ପାଠ - ୨୩ ଚିକି ବାଛୁରୀ (ପଦ୍ୟ)

ପାଠ - ୦କିଲା ରୁ ଠିକିଲା (ଗଦ୍ୟ)

ବିଷୟ ପୁନରା ବୃତ୍ତି

## SUBJECT- MATHEMATICS

**MATHS TEXTBOOK – Mathematics Textbook cum Workbook BY–  
BBPS Training Centre (CES Regd.)**

## **APRIL-MAY**

- Unit-1: Pre Number Vocabulary
- Unit-2: Numbers – One to Nine and Zero
- Table of 2

## **JUNE**

- Unit- 3: Grouping

- Unit- 4: Numbers from 10-20
- Tables from 2 to 3

## **JULY**

- Unit-5: Ordinal Numbers
- Unit- 6: Shapes
- Unit- 7: Patterns
- Tables from 2 to 4

## **AUGUST**

- Unit- 8: Numbers From 1-100
- Unit- 10: Addition
- Unit- 11: Subtraction
- Tables from 2 to 4

## **SEPTEMBER**

- Unit- 11: Subtraction(Continue)
- Tables from 2 to 4

## **OCTOBER**

- Unit-12: Money
- Unit-13: Odd and Even Numbers
- Tables from 2 to 5

## **NOVEMBER**

- Unit-9: Measurement of Length
- Unit- 16: Measurement of Weight

- Unit- 17: Measurement of Capacity
- Tables from 2 to 6

## **DECEMBER**

- Unit- 18: Measurement of Time
- Unit- 15: Multiplication
- Revision of Tables

## **JANUARY**

- Unit- 14: Skip Counting
- Unit-19: Calendar

## **FEBRUARY**

- Unit-20: Data Handling
- Revision for Annual Exam
- Revision of Tables

## **SUBJECT-ENVIRONMENTAL STUDIES**

### **Subject - Environmental Studies Prescribed**

**Text Book :- Environmental Studies Book 1 – Viva Education**

## **APRIL AND MAY**

Lesson – 1 About Me

Lesson – 2 My Body

Lesson – 3 Looking after My Body

## **JUNE AND JULY**

Lesson – 4 The Clothes We Wear

Lesson – 5 Food We Eat

Lesson – 6 Safety Rules

Lesson – 7 My Family

## **AUGUST**

Lesson – 8 We Need Shelter

Lesson – 9 Our Neighbourhood

## **SEPTEMBER-OCTOBER**

Lesson – 10 My School

Lesson – 11 People Who Helps Us

Lesson – 12 Festivals We Celebrate

## **NOVEMBER-DECEMBER**

Lesson –13 Travelling is Fun

Lesson –14 The World of Plants

Lesson – 15 The World of Animals

Lesson – 16 Water and Air

## **JANUARY**

Lesson – 17 Weather

Lesson- 18 In the sky

## **FEBRUARY**

Revision

## **SUBJECT–GENERAL KNOWLEDGE**

Prescribed Text Book :- Do you know? By Cambridge University Press

## **APRIL-MAY**

Page No 1-8

## **JUNE-JULY**

Page No 9-18

## **AUGUST**

Page No 19-24

## **SEPTEMBER**

Page No 24-28



**OCTOBER**

Page No 29-35

**NOVEMBER**

Page No 36-44

**DECEMBER**

Page No 45-50

**JANUARY**

Page No 51-56

**FEBRUARY**

Revision

**Subject–COMPUTER**

Prescribed Text Book :- IT Planet – Code Botics Name of the

Publisher - PM Publishers Pvt. Ltd.

**APRIL- MAY**

Chapter - 1 : Computer- a Magic Machine

**JUNE- JULY**

Chapter-2 : Computer –Its Parts and Uses

**AUGUST**

Chapter-3 : The Keyboard and Mouse

**SEPTEMBER- OCTOBER**

Chapter- 4 : Paint-Introduction

**NOVEMBER**

Chapter- 5 : Data and Memory

**DECEMBER**

Chapter- 6 : Tux-Paint- Introduction

**JANUARY**

Chapter- 7 : Patterns and Puzzles

**FEBRUARY**

Chapter- 8 : Let's Draw with AI

Revision

### **SUBJECT-DANCE**

#### **APRIL – MAY**

1. Introduction of 'Bhoomi- Pranam' in basic knowledge of 'Odissi
2. Basic Steps of Bharatnatyam Tatta adavu no-1 to 5
3. Steps of dance 'Expression'
4. Basic Hand Mudra

#### **JULY – AUGUST**

1. Practice of first two steps of the Odissi / Contemporary
2. Steps of patriotic Dance
3. Steps of Janmashtami (Sepecial Assambly)
4. Basic steps of Bharatnatyam

#### **SEPTEMBER – NOVEMBER**

1. Two Physical exercises related to 'Odissi/contemporary' dance.
2. Steps of folk dance with festival themes
3. Steps No. 3 & 4 of (Odissi/Contemporary) dance.
4. Steps of Teachers Day Dance Song

#### **DECEMBER – JANUARY**

1. Annual Day Practices
2. Patriotic dance
3. Steps of Christmas song.

#### **FEBRUARY**

1. Practice of all steps and hand movements of the (Odissi/ Contemporary) dance

2. Steps of 'Holi' dance
3. Practice of Bharatanatyam all steps

### **SUBJECT-MUSIC**

#### **APRIL TO MAY**

1. Introduction to Indian Music.
2. Ganesh Mantra (Vakratunda Mahakaya)
3. Prayer (Man usi ki karo prarthana)

#### **JUNE TO JULY**

1. Raag Yaman sargam geet
2. Guru Mantra (Guru re bhrahma)

#### **AUGUST**

1. Sargam geet Raag Bhupali
2. Worship Song (God will make a way)

#### **SEPTEMBER**

1. Inspirational song (Teacher see the good inside)
2. Sargam geet Raag Bhupali

#### **OCTOBER**

1. Earth Song (The earth is my home)
2. 1 to 3 Alankars

#### **NOVEMBER**

1. Diwali Song (Aayi Diwali deep jal uthe)
2. Worship song (There shall be showers)

#### **DECEMBER**

1. Kishan Bhajan (Govind bolo hari gopal bolo)
2. Christmas Carol (Joy to the world the lord)

## **JANUARY**

1. Revision of the hindi songs
2. Hindi song (Teri hai zameen tera asman)
3. Patriotic Songs

## **FEBRUARY**

1. Together song (I have dream a song to sing)
2. Saraswati vandana (Varde Vinavadini)

## **SUBJECT-PHYSICALEDUCATION**

**Prescribed Text Book :- 1. Health and Physical Education Dr. V K Sharma**

### **APRIL**

Chapter No- 01	Yoga Exercise Tadasana
Chapter No- 02	Ball Game Hit the Target
Chapter No 03	Jump in Hoopla
Chapter No. 04	Pec Activity -01

### **MAY**

Chapter No- 01	Yoga Exercise Vajrasana
Chapter No- 02	Ball Game Catching and throwing
Chapter No 03	Jump in Hoopla
Chapter No. 04	Pec Activity -02

### **JULY**

Chapter No- 01	Yoga Exercise Practice of Tadasana and Vajrasana
Chapter No- 02	Ball Game Aiming practice
Chapter No 03	Chasing Game
Chapter No. 04	Pec Activity -03

### **AUGUST**

Chapter No- 01	Yoga Exercise Practice of both asanas Tadasana and Vajrasana
Chapter No- 02	Ball Game Throwing at target
Chapter No 03	Chasing Game
Chapter No. 04	Pec Activity -04

## **SEPTEMBER**

Chapter No- 01	Athletics Races (Practice)
Chapter No- 02	Rhythmic Activities- Jumping
Chapter No 03	Recreational Game – Collecting the ball
Chapter No. 04	Recreational Game- Dog and Bone

## **OCTOBER**

Chapter No. - 01 (Squat, Lunge)	Name of the Chapter – Callisthenics Exercises
Chapter No. - 02	Name of the Chapter – Athletics (Standing Stance)
Chapter No. - 03	Name of the Chapter – Athletics (Running Drills)
Chapter No. - 04 Jump)	Name of the Chapter –Rhythmic Activity (Hop
Chapter No. - 05 One leg)	Name of the Chapter –Pec Activity (Balancing on

## **NOVEMBER**

Chapter No. - 01	Name of the Chapter – Athletics (Racing Practice)
Chapter No. – 02 and Twisting Drills)	Name of the Chapter – Athletics (Running Jumping
Chapter No. -03 (Collecting the ball)	Name of The Chapter- Rhythmic Activity
Chapter No. - 04 kicking)	Name of the Chapter – Pec Activity (Hitting and

## **DECEMBER**

Chapter No. - 01 Volley Ball	Name of the Chapter – Basic rules and regulations of
Chapter No. - 02 zag jump)	Name of the Chapter – Athletics (Hop jump/Zig
Chapter No. - 03 Jump)	Name of the Chapter – Rhythmic Activity (Flip
Chapter No. - 04 Bone)	Name of the Chapter – Pec Activity (Dog and

## **JANUARY**

Chapter No. - 01	Name of the Chapter – Yoga (Balloon Breathing)
Chapter No. - 02 Exercise)	Name of the Chapter – Meditation (Breathing

Chapter No. - 03  
tossing)

Chapter No. – 04  
Dodging)

Name of the Chapter - Rhythmic Activity (Ball

Name of the Chapter – Pec Activity (Passing and

## **FEBRUARY**

Chapter No. - 01  
II)

Chapter No. - 02  
Exercise-II)

Chapter No. – 03  
(Twisting and Rotational Exercises)

Chapter No. – 04  
and Catching)

Name of the Chapter – Yoga (Balloon Breathing-

Name of the Chapter – Meditation (Breathing

Name of the Chapter – Rhythmic Activity

Name of the Chapter – Pec Activity (Throwing

## **ART & CRAFT (ART WIZARD)**

### **APRIL – MAY ART WIZARD-**

- |                       |            |
|-----------------------|------------|
| 1. Color Knowledge    | page no-3  |
| 2. Earth Day Activity | page no-4  |
| 3. Eid Mubarak        | page no-5  |
| 4. School Bus         | page no-6  |
| 5. Castle Bricks      | page no-8  |
| 6. Butterfly          | page no-9  |
| 7. Environment Day    | page no-10 |
| 8. Tree               | page no-12 |

### **JUNE - JULY ART WIZARD-**

- |               |            |
|---------------|------------|
| 1. Scenery    | page no-13 |
| 2. Yoga       | page no-14 |
| 3. Queen      | page no-15 |
| 4. Peacock    | page no-16 |
| 5. Bird       | page no-18 |
| 6. Landscape  | page no-21 |
| 7. Curly Hair | page no-22 |

8. Penguin page no-23

**AUGUST - SEPTEMBER  
ART WIZARD-**

1. Boat page no-24  
2. Rangoli page no-26  
3. Independence page no-15  
4. Cat page no-27  
5. Rocket page no-29  
6. Safety First page no-30  
7. Happy Diwali page no-31  
8. Children's Day page no-32

**OCTOBER - NOVEMBER  
ART WIZARD-**

1. Santa page no-34  
2. Owl page no-35  
3. Green tree page no-11  
4. Lotus page no-17

**DECEMBER – JANUARY  
ART WIZARD-**

1. Cauliflower page no-25  
2. Eggs In a Nest page no-28  
3. Honey bee page no-36  
4. Republic Day page no-37

**FEBRUARY- MARCH  
ART WIZARD-**

1. Happy Holi page no-38  
2. Dog page no-39  
3. Tent page no-40  
4. Caterpillar page no-33





